

# Blenio Valley high trail



Departure  
LODERIO



Arrival  
OLIVONE

## Suitable for



Kids



Adults

## Itinerary features



Typology  
Linear



Length  
38.29 KM




Time required  
12H



Difficulty  
Easy


## Close to this route


---

 [Aquila](#)  
[Capanna Gorda](#)

 [Olivone](#)  
[Museum Cà da Rivöi - Olivone](#)

 [Aquila](#)  
[Sole's Cheese Factory](#)

 [Acquarossa](#)  
[Capanna Piandios](#)

 [Olivone](#)  
[Töira Cheese Factory](#)

 [Lottigna](#)  
[Ethnographic historical museum of the Blenio valley](#)

## Tips

---

- > Hiking boots
- > Sun cap
- > Water-bottle
- > Sunglasses
- > Sun cream
- > Hiking map
- > Camera
- > Food

**Montagnepulite:** This project was born to promote an effective management and sustainable use of mountain huts in Ticino, and in particular the litter management. The responsible management of litter in the mountains is a matter of common sense. We can all contribute: <https://www.montagnepulite.ch/en/golden-rules>

## Information

---

**Bellinzonese e Alto Ticino Turismo**

**InfoPoint Valle di Blenio** Via Lavorceno

CH-6718 Olivone

T +41 91 872 14 87 [blenio@bellinzonese-altoticino.ch](mailto:blenio@bellinzonese-altoticino.ch)

[www.bellinzonese-altoticino.ch](http://www.bellinzonese-altoticino.ch)

## Emergency number

---

 Ticino Soccorso 144

---

Share your itineraries

**#hikeTicino**



Download the App for itineraries

You don't know Ticino? The App will help you discover the itineraries closest to you.



## Altitude graph

2,108 m

Total climb

1,981 m

Maximum altitude

1,570 m

Total descent

