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Brè Bike



Track



Departure
Monte Brè





Arrival
Monte Brè

Typology
Circular

Difficulty
Average

Time required
2H 45



Length 17.73 KM	Unsurfaced 12 KM	Single Trail 5 KM
 Features		▼
 Information		▼

DESCRIPTION

Itinerary on the outskirts of Lugano sheltered from the noises of the city. You can take the funicular railway up the Monte Brè. From there you'll pass through both its woods and those of Monte Boglia. The tour takes place mainly on wide footpaths or on unpaved roads.

Monte Brè constitutes an excellent start to the excursion thanks to the panoramic view which embraces the whole Lugano area. The lovely village of Brè harmoniously combines the typical traditional Ticinese character with modern art: its centre is in fact characterised by an «artistic decor» made up of modern art works of 22 artists recognised at both national and international level.

Leaving Brè village behind, warm up those muscles while heading towards the first stage of the tour: the woodlands; the scenery that will accompany us for almost the whole day. After a short and steep stretch the easiest part of the route begins, following the single trail leading to Alpe Bolla, a retreat located at the foot of

Monte Boglia against a pleasant, cozy and sunny backdrop. This is the middle of the route. Adjacent to the retreat lies Alpe Bolla where you can buy local dairy products and see the local herd animals (hens, cows and pigs).

It departs once again for Cureggia, following the path formed mainly by unpaved roads. The descent arrives at Vallà and then rises up to the village of Cureggia from where you take the single trail to return to Brè and conclude this excursion on the slopes of Monte Boglia.

Advice for those who return by funicular railway: before leaving the summit, you might consider relaxing comfortably while seated on one of the terraces of the restaurants of Monte Brè and enjoy the light play that the sunset offers?

Tips

For mountain biking, follow the logo indicated on the red signposts:

Brè Bike

no. 356

Alternative routes

-

Technical data



[GPX data \(/itinerary/gpx?itemId=142346\)](/.itinerary/gpx?itemId=142346)



Document PDF (<https://pdf.ticino.ch/pdf?uri=https://www.ticino.ch/en/itineraries/details/Brè-Bike/142346.html?pdf=true>)

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Capanna Alpe Bolla

(/en/alpineHuts/details/Capanna-Alpe-Bolla/94674.html)

Situated at 1129 m a.s.l., at the foot of Mount Boglia, it is in a sunny and a slightly

Museum

Wilhelm Schmid

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The museum Wilhelm Schmid at Brè sopra Lugano provides a unique

Mon

Funi

(/en/common/Brè-Funicular/)

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Contact for partners

Via C. Ghiringhelli 7
C.P. 1441
6501 Bellinzona
Tel. +41 91 825 70 56

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