

# Four Headwaters Trail: the Source of the Reuss



Departure  
PASSO SAN GOTTARDO



Arrival  
CAPANNA PIANSECCO

## Suitable for



Kids



Dogs



Adults

## Itinerary features



Typology  
Linear



Length  
19.53 KM




Time required  
6H





Difficulty  
Average

## Close to this route

---

 [San Gottardo](#)  
[Sasso San Gottardo](#)

 [Bedretto](#)  
[Capanna Piansecco](#)

 [San Gottardo](#)  
[National Museum of the S. Gothard](#)

 [Hiking holidays: The four Springs Trail](#)

## Tips

---

For hiking, follow the logo indicated on the yellow signposts:  
Sentiero delle quattro sorgenti n. 49.

- > Waterproof clothing, light and warm
- > Hiking boots
- > Gloves, sun cap, change of clothes
- > Backpack maximum 5-8 kg
- > First aid kit with penknife
- > Sleeping bag for overnight in alpine hut
- > Torch, sunglasses, sun cream, water-bottle
- > Hiking map/topographic map
- > Compass
- > Camera
- > Food
- > Raincover for backpacks

**Montagnepulite:** This project was born to promote an effective management and sustainable use of mountain huts in Ticino, and in particular the litter management. The responsible management of litter in the mountains is a matter of common sense. We can all contribute: <https://www.montagnepulite.ch/en/golden-rules>.

## Information

---

**Bellinzonese e Alto Ticino Turismo**

**InfoPoint Leventina**

Via della Stazione 22

CH-6780 Airolo T +41 91 869 15 33 [leventina@bellinzonese-altoticino.ch](mailto:leventina@bellinzonese-altoticino.ch)

[www.bellinzonese-altoticino.ch](http://www.bellinzonese-altoticino.ch)

## Emergency number

---

 Ticino Soccorso 144

---

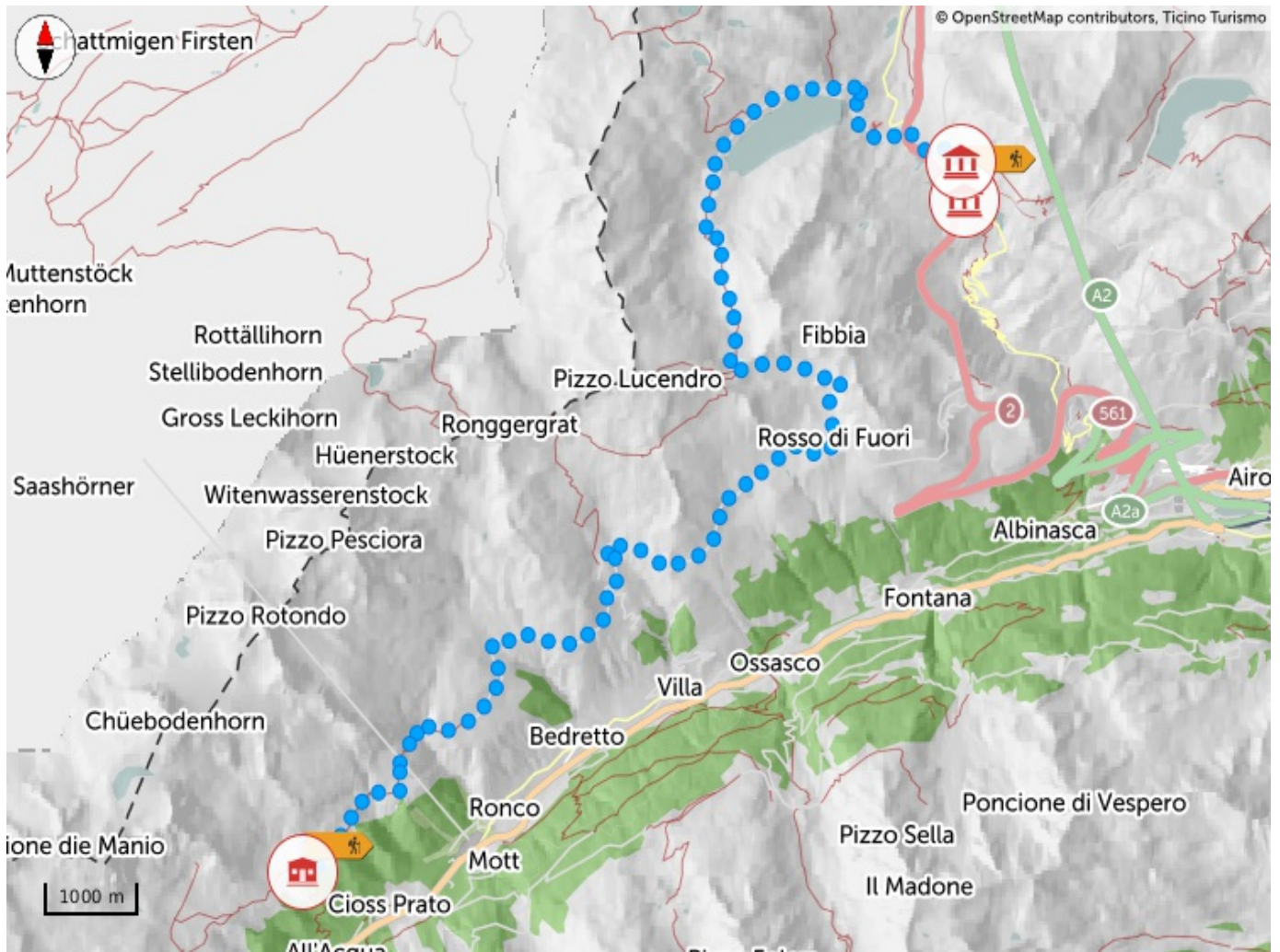
Share your itineraries

**#hikeTicino**



Download the App for itineraries

You don't know Ticino? The App will help you discover the itineraries closest to you.



## Altitude graph

937 m	2,533 m	1,065 m
Total climb	Maximum altitude	Total descent



## Login

To save an item as a favorite, you must first log in.

[NOT NOW](#)

[LOGIN](#)