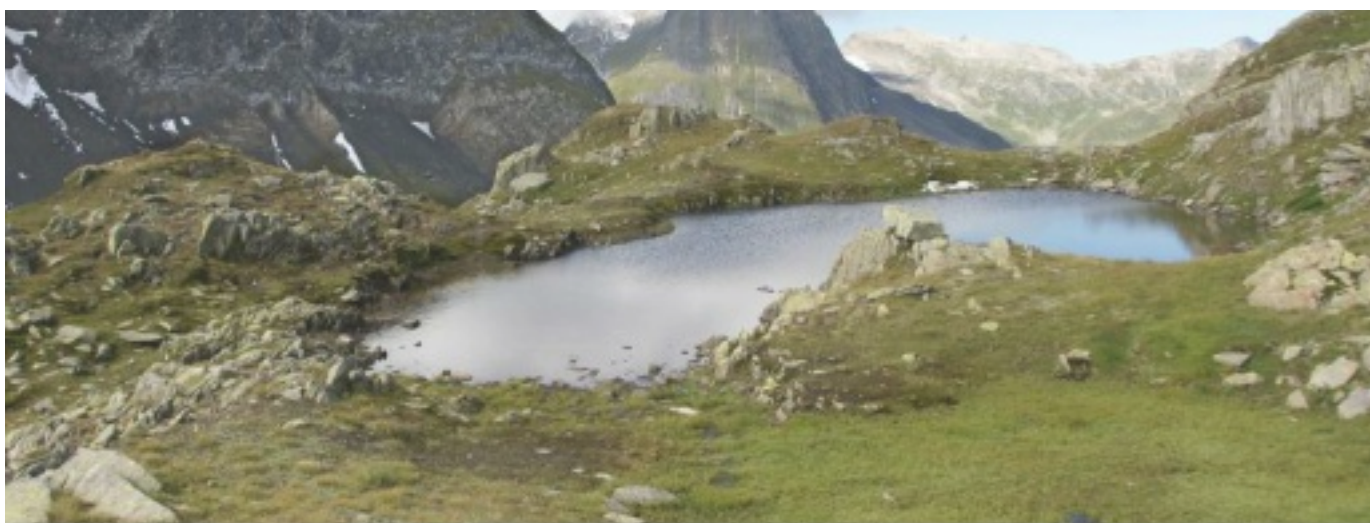


Four Headwaters Trail: the Source of the Ticino



Departure
CAPANNA PIANSECCO



Arrival
OBERGESTELN

Suitable for



Kids



Dogs



Adults

Itinerary features



Typology
Linear



Length
19.36 KM





Time required
6H



Difficulty
Average

Close to this route

 [Bedretto](#)
[Capanna Piansecco](#)

 [Bedretto](#)
[Capanna Corno Gries](#)

 [Hiking holidays: The four Springs Trail](#)

Tips

For hiking, follow the logo indicated on the greensignposts:
Vier-Quellen-Weg n. 49

- > Waterproof clothing, light and warm
- > Hiking boots
- > Gloves, sun cap, change of clothes
- > Backpack maximum 5-8 kg
- > First aid kit with penknife
- > Sleeping bag for overnight in alpine hut
- > Torch, sunglasses, sun cream, water-bottle
- > Hiking map/topographic map
- > Compass
- > Camera
- > Food
- > Raincover for backpacks

Montagnepulite: This project was born to promote an effective management and sustainable use of mountain huts in Ticino, and in particular the litter management. The responsible management of litter in the mountains is a matter of common sense. We can all contribute: <https://www.montagnepulite.ch/en/golden-rules>.

Information

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Emergency number

 Ticino Soccorso 144

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#hikeTicino



Download the App for itineraries

You don't know Ticino? The App will help you discover the itineraries closest to you.



Altitude graph

652 m	2,447 m	1,276 m
Total climb	Maximum altitude	Total descent



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