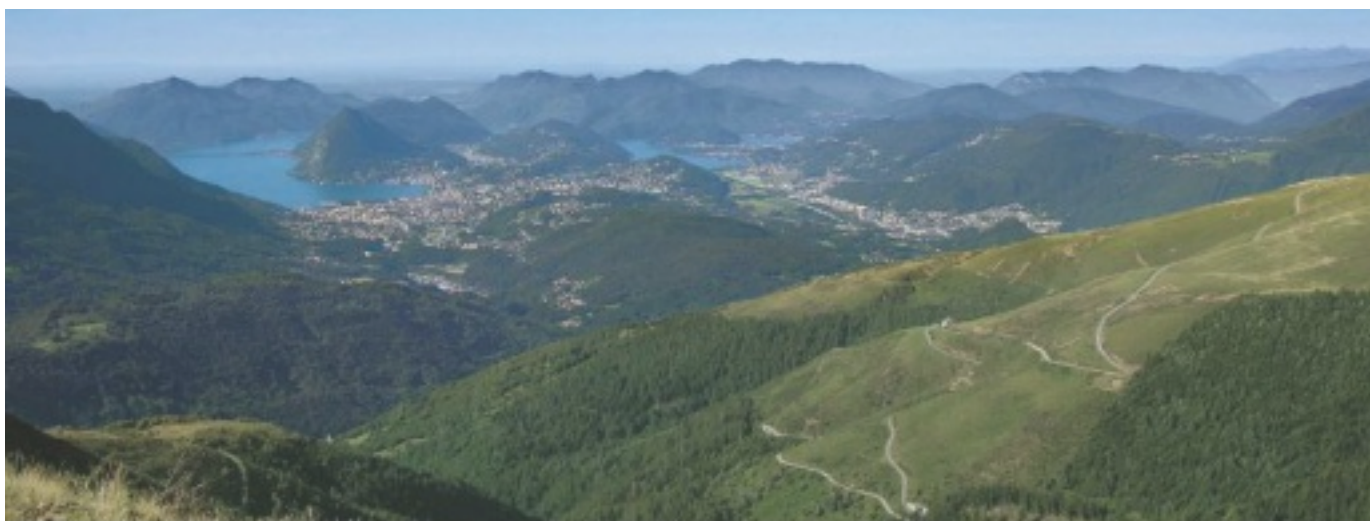


Lugano Trekking Tour



Departure
MONTE BRÈ



Arrival
TESSERETE

Suitable for



Adults

Itinerary features



Typology
Linear



Length
45.8 KM



Time required
20H 15



Difficulty
Average

Tips

For hiking, until Gola di Lago, follow the logo indicated on the yellow signposts:

Sentiero Lago di Lugano

n. 52

Then the sign Tesserete.

- > Waterproof clothing, light and warm
- > Hiking boots
- > Gloves, sun cap, change of clothes
- > Backpack maximum 5-8 kg
- > First aid kit with penknife
- > Sleeping bag for overnight in alpine hut
- > Torch, sunglasses, sun cream, water-bottle
- > Hiking map/topographic map
- > Compass
- > Camera
- > Food
- > Raincover for backpacks

Montagnepulite: This project was born to promote an effective management and sustainable use of mountain huts in Ticino, and in particular the litter management. The responsible management of litter in the mountains is a matter of common sense. We can all contribute:

<https://www.montagnepulite.ch/en/golden-rules>

Information

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Emergency number

 Ticino Soccorso 144

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modificato

Altitude graph

2,860 m

Total climb

2,110 m

Maximum altitude

3,245 m

Total descent



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