

# Lugano Trekking tappa 3: Cap. Monte Bar - Tesserete



Departure  
MOUNT BAR MOUNTAIN HUT



Arrival  
TESSERETE

## Suitable for



Adults

## Itinerary features



Typology  
Linear



Length  
14.78 KM



Time required  
6H 15



Difficulty  
Average

## Close to this route

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[Corticiasca](#)

[Capanna Monte Bar](#)



[Tesserete](#)

[Chiesa di S. Stefano](#)



[Bigorio](#)

[Chiesa e convento di S. Maria](#)

## Tips

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For hiking, until Gola di Lago, follow the logo indicated on the yellow signposts:

Sentiero Lago di Lugano

n. 52

Then the sign Tesserete.

- > Waterproof clothing, light and warm
- > Hiking boots
- > Gloves, sun cap, change of clothes
- > Backpack maximum 5-8 kg
- > First aid kit with penknife
- > Sleeping bag for overnight in alpine hut
- > Torch, sunglasses, sun cream, water-bottle
- > Hiking map/topographic map
- > Compass
- > Camera
- > Food
- > Raincover for backpacks

**Montagnepulite:** This project was born to promote an effective management and sustainable use of mountain huts in Ticino, and in particular the litter management. The responsible management of litter in the mountains is a matter of common sense. We can all contribute:

<https://www.montagnepulite.ch/en/golden-rules>

## Information

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### Ente Turistico del Luganese

Palazzo Civico  
Piazza Riforma 1  
CH 6900 Lugano

T +41 58 220 65 00

[info@luganoregion.com](mailto:info@luganoregion.com)

[www.luganoregion.com](http://www.luganoregion.com)

## Emergency number

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 Ticino Soccorso 144

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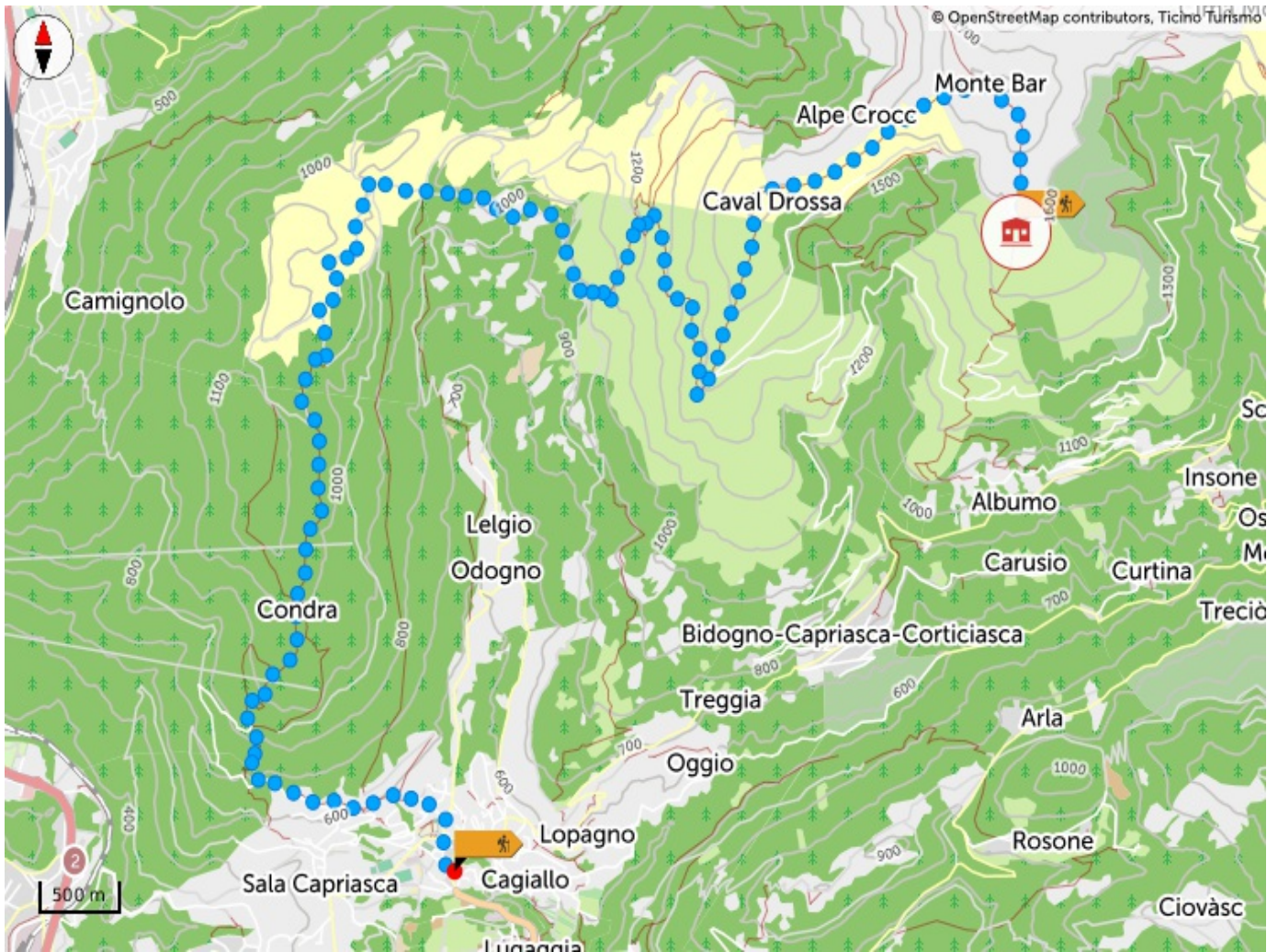
Share your itineraries

**#hikeTicino**



Download the App for itineraries

You don't know Ticino? The App will help you discover the itineraries closest to you.



## Altitude graph

395 m	1,813 m	1,481 m
Total climb	Maximum altitude	Total descent



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