

The San Zeno nature path



Departure
LAMONE-CADEMPINO



Arrival
SAN ZENO

Suitable for



Kids



Dogs



Wheelchairs



Adults

Itinerary features



Typology
Linear



Length
5.02 KM



Time required
1H 40



Difficulty
Easy

Close to this route



[Lamone](#)

[Wine cellar "Poggio del Cinghiale"](#)



[Lamone](#)

[Chiesa di S. Andrea](#)



[Ponte Capriasca](#)

[Artistic expeditions: the Last Supper](#)



[Lamone](#)

[Casa Serena B & B](#)



[Origlio](#)

[Chiesa di S. Giorgio e di Maria Immacolata](#)

Tips

- > Waterproof clothing, light and warm
- > Hiking boots
- > First aid kit with penknife
- > Sunglasses, sun cream, water-bottle
- > Hiking map/topographic map
- > Compass
- > Camera
- > Food

Montagnepulite: This project was born to promote an effective management and sustainable use of mountain huts in Ticino, and in particular the litter management. The responsible management of litter in the mountains is a matter of common sense. We can all contribute: <https://www.montagnepulite.ch/en/golden-rules>

Information

Lugano Region

Piazza della Riforma - Palazzo Civico

6900 Lugano Tel +41 58 220 65 00 info@luganoregion.com

www.luganoregion.com

Emergency number

 Ticino Soccorso 144

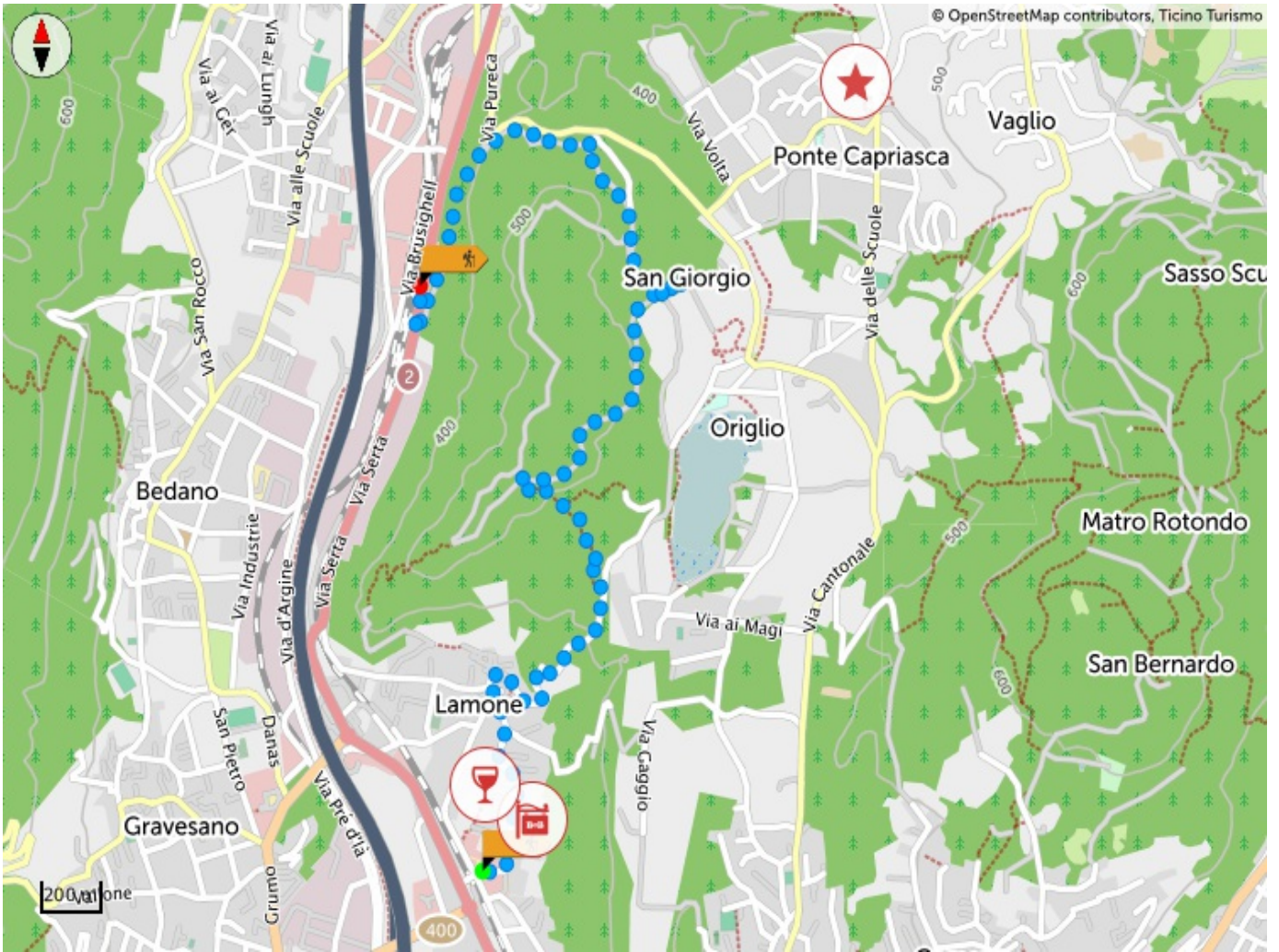
Share your itineraries

#hikeTicino

TICINO 

Download the App for itineraries

You don't know Ticino? The App will help you discover the itineraries closest to you.



Altitude graph

218 m	534 m	186 m
Total climb	Maximum altitude	Total descent



Login

To save an item as a favorite, you must first log in.

[NOT NOW](#)

[LOGIN](#)